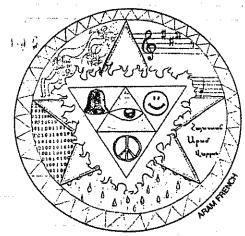


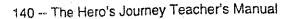
SUN/SHADOW mandalas generally have two opposing sides (though they can have more), one with the "I am" or positive images and the other with the "I am not" or negative images.

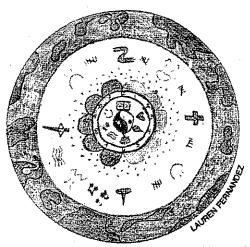


SHAPE IN CIRCLE mandalas put the student's "shape" (from the chart) in the circle. The points where it touches the circle form sections for the different aspects of the student's life.

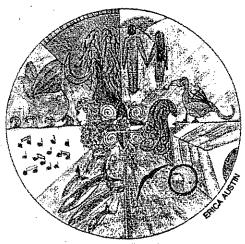


FREE FORM mandalas have no clearly imposed pattern, though they may have an underlying structure. Usually, they take shape as they are done, generating their structure through the size and relationships of the elements.

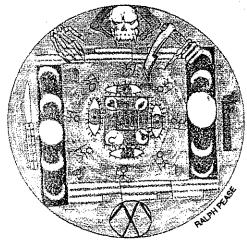




CONCENTRIC mandalas usually begin with symbols for the surrounding world on the outside and layer into the "true" or "inner" self at the center. Middle layers may be roles which the self presents to the world.



SECTORED OR "WHEEL" mandalas look like a wagon wheel (the self at the hub), with various life/personality aspects between the "spokes." This pattern doesn't prioritize the elements, but its simplicity is appealing.



COMBINATION mandalas include parts of several styles, often being both a shape and concentric, and frequently taking on aspects of a sun/shadow mandala. They are usually complex and interesting.

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