Mandala Organization Options

There are numerous ways you can organize your Mandala essay. Here are five main areas to focus on regarding organization: topic sentences & concluding sentences, transitions, introduction and conclusion.

Everyone will have a brief INTRODUCTION and CONCLUSION.

As far as body paragraphs are concerned, there is no set way to structure your essay—it is up to you. Here are some suggestions.

|  |  |  |  |
| --- | --- | --- | --- |
| **One paragraph per topic**Introduction1. Passion
2. Fears
3. Future dreams or roles
4. Weakness
5. Interests
6. Strengths
7. Philosophy
8. 3 Adjectives

Conclusion | **Grouping topics**Introduction1. Passion

DreamsPhilosophy1. Weakness

Fears1. Strengths

Interests3 adjectivesConclusion (include 3 adjectives) | **Grouping Topics**Introduction (adjectives)1. Things you are proud of:
* Strengths
* Philosophy
1. Things you want to work on:
* Weakness
* Fear
* Dream/roles
1. Passion

Conclusion | **Grouping Topics**Totally up to you!Be creative! |

**TOPIC SENTENCE & CONCLUDING SENTENCE**

* One sentence that tells what your entire paragraph is about.
* Concluding sentence wraps up the paragraph-like a bow on a package.

**TRANSITIONS**  (avoid next… and then… next…)

Words that can be used to **compare** two things:

|  |  |  |  |
| --- | --- | --- | --- |
| likewise | also | while | in the same way |
| like | as | similarly |   |

Words that can be used to **contrast** two things:

|  |  |  |  |
| --- | --- | --- | --- |
| but  | still | although | on the other hand |
| however | yet | otherwise | even though |

Words that can be used to **add information**:

|  |  |  |  |
| --- | --- | --- | --- |
| again | another | for instance | for example |
| also | and | moreover | additionally |
| as well | besides | along with  | other |
| next | finally | in addition |  |

Words that can be used to **emphasize a point**:

|  |  |  |  |
| --- | --- | --- | --- |
| again | truly | especially | for this reason |
| to repeat | in fact | to emphasize |   |

mandala

*The word mandala comes from an ancient word for “circle.” The circle is a symbol of being complete, unified, and stable. In some cultures the mandala is used to represent the inner self, while in other cultures it is used to represent the world or the universe. Making your own mandala will help you think about the core of who you are as a person and become more open to insight about yourself. Your mandala will use symbols to represent your identity.*

**Colors have significance on a mandala.**

**Use the following color associations as you think about which colors to use on your mandala.**

|  |  |  |  |
| --- | --- | --- | --- |
| **RED**EnergyLifeBloodPassionLoveAngerBraveryStrengthExcitementDeterminationFestivityHatred“Stop”FireJoy RevolutionCourageZealAggressionDangerAnger | **BLUE**CoolnessCalmnessIdealismTruthSelf-RelianceIntegrityNobilityIntellectFaithColdDespairTranquilityIntuitionTrustworthinessPeaceSincerityAffectionContemplationPassivityHarmonyRelaxation | **GREEN**HarmonyBalanceGrowthNatureGentlenessReliabilityCalmnessRebirthJealousy / envyAbundanceVitalityFreshnessFertilityHopeNaiveté RestOrderFriendlinessAction | **VIOLET / PURPLE**SpiritualityMagicInner-awarenessReformationRoyaltyPurificationTrustFaithPassionVisionKnowledgePowerIntegrityDignityExtravaganceRoyaltyWealth |
| **WHITE**SpiritualityHolinessPeacePurityHopeWisdomInnocenceLightFaithYouthHeroism  | **BLACK**DeathSorrowDepressionJudgmentEvaluationLawLonelinessEvilDarknessGriefVillainous  | **ORANGE**Physical vitalityPrideEnthusiasmAmbitionEnduranceStrengthCourageSuccessWarmthHappinessDanger | **BROWN**TraditionOrganizationSolidarityConventional IdeasEarthCountryReliabilityStability |
| **YELLOW** IlluminationWisdomEnthusiasmPlayfulnessOptimismCowardiceWarmth | **MAGENTA**ImaginationInnovationCompassionCreativityImpatience | **PINK**FriendlinessCompassionFaithHealth | **GRAY**SorrowSecurityMaturityDependabilityResponsibility |