mandala

*The word mandala comes from an ancient word for “circle.” The circle is a symbol of being complete, unified, and stable. In some cultures the mandala is used to represent the inner self, while in other cultures it is used to represent the world or the universe. Making your own mandala will help you think about the core of who you are as a person and become more open to insight about yourself. Your mandala will use symbols to represent your identity.*

**Colors have significance on a mandala.**

**Use the following color associations as you think about which colors to use on your mandala.**

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| --- | --- | --- | --- |
| **RED**EnergyLifeBloodPassionLoveAngerBraveryStrengthExcitementDeterminationFestivityHatred“Stop”FireJoy RevolutionCourageZealAggressionDangerAnger | **BLUE**CoolnessCalmnessIdealismTruthSelf-RelianceIntegrityNobilityIntellectFaithColdDespairTranquilityIntuitionTrustworthinessPeaceSincerityAffectionContemplationPassivityHarmonyRelaxation | **GREEN**HarmonyBalanceGrowthNatureGentlenessReliabilityCalmnessRebirthJealousy / envyAbundanceVitalityFreshnessFertilityHopeNaiveté RestOrderFriendlinessAction | **VIOLET / PURPLE**SpiritualityMagicInner-awarenessReformationRoyaltyPurificationTrustFaithPassionVisionKnowledgePowerIntegrityDignityExtravaganceRoyaltyWealth |
| **WHITE**SpiritualityHolinessPeacePurityHopeWisdomInnocenceLightFaithYouthHeroism  | **BLACK**DeathSorrowDepressionJudgmentEvaluationLawLonelinessEvilDarknessGriefVillainous  | **ORANGE**Physical vitalityPrideEnthusiasmAmbitionEnduranceStrengthCourageSuccessWarmthHappinessDanger | **BROWN**TraditionOrganizationSolidarityConventional IdeasEarthCountryReliabilityStability |
| **YELLOW** IlluminationWisdomEnthusiasmPlayfulnessOptimismCowardiceWarmth | **MAGENTA**ImaginationInnovationCompassionCreativityImpatience | **PINK**FriendlinessCompassionFaithHealth | **GRAY**SorrowSecurityMaturityDependabilityResponsibility |